Apex started in Australia in 1931. It is a community organisation with over 500 Clubs and 6,000 members. Apex Clubs are in 11 other countries around the world. The symbol chosen for Apex is a triangle with equal sides.

The purpose of Apex is to assist its members to ‘grow, learn, make friends and have fun’, while being responsible citizens who help to improve life for everyone. They do this by being friendly and supporting others who help in the community. Apex encourages international understanding and friendship.

Apex groups organise and deal with problems which could not be solved by one person alone. They hold meetings where members vote to decide the next project to support. These include:

- raising funds for such things as: children’s cancer research, sunshelters throughout Australia, flood and bushfire relief, and supporting the Kids Help Line.
- participation in Clean Up Australia and promotion of Clean Up the World.
- other local community-based projects.

Young Australians can join Apex by contacting the National Membership Helpline, or the nearest Apex Club.